

**Types of Support and Services Available at The Hong Kong Sports Institute (“HKSI”) for Elite Athletes**  
**香港體育學院 (“體院”) 提供予精英運動員之各項支援及服務**

(Updated in September 2019)

Type of Support / Services 支援/服務項目		Category of Athletes 運動員類別		Tier A Sports Scholarship Athletes A級精英項目獎學金運動員		Other Elite Athletes 其他精英運動員		Tier A Sports (Para-Sports) Scholarship Athletes A級精英項目獎學金 (殘疾人運動) 運動員			Other Para-Sports Elite Athletes 其他精英殘疾人運動員			
		Elite/Junior/ Secondary Student 精英/青少年/中學生		Potential 潛質 (+10hr/wk 每週10小 時+) (For Tier A only (只適用於A級精 英體育項目)	IASS Athletes “個別精英運動 員資助計劃” 運動員 (Note 1)	SAG Athletes 體育訓練資助 運動員	Full-time 全職 (Note 2)	Part-time 非全職 (Note 2)	Potential 潛質 (+8hr/wk) 每週8小 時+	IASS Athletes “個別精英 運動員資 助計劃” 運動員 (Note 1)	Tier B Sports (Para-Sports) Athletes B級精英項目 (殘疾人運動) 運動員		SAGD Athletes 殘疾人體 育訓練資 助運動員	
		Full-time /Cat. 1 全職 /類別一	Part-time /Cat. 2 非全職 /類別二								Full-time 全職 (Note 2)	Part-time 非全職 (Note 2)		
<b>Financial Support 財政資助</b>														
1	Direct Financial Support Schemes to Athletes 對精英運動員的直接財政資助													
	a) Elite Training Grant 精英訓練資助	✓	✓		✓									
	b) Elite Training Grant with Disabilities 殘疾人精英訓練資助						✓	✓		✓	✓	✓		
	c) Sports Aid Grant 體育訓練資助					✓								
	d) Sports Aid Grant for Athletes with Disabilities 殘疾人體育訓練資助												✓	
	e) Individual Athletes Support Scheme (Programme funding) 個別精英運動員資助計劃 (訓練經費)				✓					✓				
2	Hong Kong Athletes Fund 香港運動員基金													
	a) Education Grant 教育資助	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	b) Elite Athletes Performance Recognition Scheme 精英運動員優秀表現嘉許計劃	✓			(Full-time athletes only 只限全職運動 員)									
3	Incentive Awards for Major Games 優秀運動員獎勵計劃	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
4	Outstanding Junior Athlete Awards 傑出青少年運動員選舉	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5	Elite Athlete Subsidy Scheme 精英運動員資助計劃	✓	✓	✓	✓	✓	✓	✓	✓	✓				
<b>Training and Competition Support 訓練及比賽支援</b>														
6	Coaching 教練	✓	✓	✓	✓*		✓**	✓**	✓**	✓*	✓**	✓**	✓**	
7	Local Training 本地訓練	✓	✓	✓	✓*		✓**	✓**	✓**	✓*	✓**	✓**	✓**	
8	Overseas Training and Competitions 海外訓練及比賽	✓	✓		✓*		✓**	✓**		✓*	✓**	✓**	✓**	
9	Equipment / Sports Gear 運動裝備 / 用具	✓	✓		✓*		✓**	✓**		✓*	✓**	✓**	✓**	

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		Elite/Junior/ Secondary Student 精英/青少年/中學生		Potential 潛質 (+10hr/wk 每週10小 時+) (For Tier A only (只適用於A級精 英體育項目)	IASS Athletes “個別精英運動 員資助計劃” 運動員 (Note 1)	SAG Athletes 體育訓練資助 運動員	Full-time 全職 (Note 2)	Part-time 非全職 (Note 2)	Potential 潛質 (+8hr/wk 每週8小 時+)	IASS Athletes “個別精英 運動員資助 計劃” 運動員 (Note 1)	Tier B Sports (Para-Sports) Athletes B級精英項目 (殘疾人運動) 運動員		SAGD Athletes 殘疾人體 育訓練資 助運動員
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10	Insurances (package 1): Accident, Travel, Life and Medical Insurance 保險(計劃 1): 意外、旅遊、人壽及醫療保險	✓	✓		✓		✓	✓		✓			
11	Insurances (package 2): Accident and Travel 保險(計劃 2): 意外及 旅遊保險			✓				✓					
12	Use of Training Facilities Available at HKSI 使用體院現有的訓練設施	✓	✓	✓	✓		✓	✓	✓	✓			
13	Meals 膳食	✓	✓		✓*		✓**	✓**		✓*			
14	Sports Science / Sports Medicine 運動科學 / 運動醫學	✓	✓		✓		✓	✓		✓			
15	Strength and Conditioning 體適能訓練	✓	✓	✓ (Note 3)	✓		✓	✓	✓ (Note 3)	✓			
<b>Athlete Education and Lifestyle Support 運動員教育及生活支援</b>													
16	Athlete Development Programme 運動員發展計劃	✓	✓	✓	✓		✓	✓	✓	✓			
17	Education / Personal Development Guidance 教育/個人發展輔導	✓	✓		✓		✓	✓		✓			
18	Tutorial Support 學習支援	✓	✓		✓		✓	✓		✓			
19	Elite Athletes Continuing Education Subsidy 精英運動員進修資助	✓	✓		✓		✓	✓		✓			
20	Lam Tai Fai College Partnership School Programme Admission Application (Senior Secondary Education) 林大輝中學夥伴學校計劃入學申請 (高中教育)	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	
	English Schools Foundation Partnership School Programme Admission Application (Senior Secondary Education) 英基學校協會夥伴學校計劃入學申請 (高中教育)	✓			✓ (Full-time athletes only 只限全職運 動員)		✓			✓ (Full-time athletes only 只限全職運 動員)			
21	Nomination for Admission Application to Universities with MOU with HKSI 提名申請報讀已與體院簽署合作備忘錄之大專院校	✓			✓ (Full-time athletes only 只限全職運 動員)		✓			✓ (Full-time athletes only 只限全職運 動員)			

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22	Athlete Hostel 運動員宿舍	✓			✓ (Full-time athletes only 只限全職運動 員)				✓ (Full-time athletes only 只限全職運 動員)				
23	Social / Welfare Activities / Programme for resident athletes 宿舍社交/福利活動	✓			✓				✓				
24	Elite Coaching Apprenticeship Programme 精英教練工作體驗計劃	✓											
25	Car parking at HKSI 體院停車場	✓	✓	✓	✓		✓	✓	✓	✓			

**Note 1:** IASS = Individual Athletes Support Scheme: Athletes of Olympic/Asian Games or Paralympic/Asian Para Games Sports, who are not supported under Tier A sports and achieve Point 3-level or above according to the Elite Vote Scoring Table, are eligible to receive an annual programme funding (through the respective NSAs) to support the items marked with an “\*” above.

個別精英運動員資助計劃: 根據精英資助評分表, 非「A級」精英體育及其項目為奧運會/亞運會/殘奧會/亞殘會項目的運動員如取得3分或以上便符合此項計劃的資助資格, 每年可獲一筆訓練撥款(透過所屬體育總會), 用作以上有“\*”號的項目開支。

**Note 2:** Funding under Tier A/Tier B sports (Para Sports) will be provided to the Para Sports NSAs to support the items marked with an “\*” above.

A級精英項目/B級精英項目資助可透過體院撥款給其所屬體育總會, 用作以上有“\*”號的支援/服務。

**Note 3:** Potential Athletes can only use the Strength & Conditioning facilities under a structured programme agreed and supervised by sports specific Coaches and Strength & Conditioning Coaches

潛質運動員在有系統訓練計劃內並獲所屬運動項目教練及體適能訓練教練同意及監測下, 可享用體適能訓練設施。